

Pre-Season Clinic for  
Any Area Players  
Age 6-12 Looking to  
Prepare for the  
2012 Baseball Season

LOCAL YOUTH BASEBALL LEAGUES  
**2012 PRE-SEASON BAT AND GLOVE  
BASEBALL CLINIC**

4 Week Program-  
Two-Hour Sessions  
Each Week

WEEKLY COACHES' TOPICS CLINICS OPEN TO ALL LEAGUE VOLUNTEERS

**WHO IS THIS PROGRAM FOR?**

The 2012 Local Youth Baseball Leagues Bat and Glove Baseball Clinic is designed for any local baseball player 6-12 years of age who is interested in improving his baseball skills and getting hitting/fielding repetitions to prepare for the 2012 season.

Players will receive instruction in the fundamentals of throwing, fielding and hitting. Defensive instruction will include proper throwing and fielding technique and repetitions. Hitting instruction will include proper swing technique in addition to numerous offensive repetitions in the batting cages. Instruction will be led by former NY Mets Minor Leaguer and current Arlington Head Baseball Coach, Al Hammell.

Players will be separated into instructional groups based on age and level of ability. Enrollment will be limited. Please register early in order to reserve spot.

**FACILITIES**

The Dutchess Day School, located in Millbrook, NY, offers two separate high quality instructional spaces on site: A "Hitting" gymnasium equipped with multiple batting cages and hitting stations for maximum repetitions and a second "Defensive" gymnasium that offers an open floor space and high ceiling for defensive and throwing repetitions.

**COST AND PAYMENT**

**Program Fee: \$95 per player** (Full payment is due with registration in order to reserve player's spot.)  
**Coaches' Topics Clinics** are free of charge.  
**Coaches must Pre-Register on form in order to attend.**

**DATES, TIME AND LOCATION**

- Saturdays- February 25  
& March 3, 10, 17
- 2:00pm-4:00pm
- Held at The Dutchess Day School  
415 Rte. 343, Millbrook NY

**WEEKLY COACHES' CLINICS WITH  
DIFFERENT TOPICS PRESENTED EACH  
WEEK (2:15PM-3:45PM):**

**Week #1: TEACHING THE YOUNG PITCHER**  
With Joe Bruno-  
Former Cincinnati Reds Minor League Pitcher

**Week #2: TEACHING HITTING and CATCHING**  
With Al Hammell-  
Former New York Mets Minor League Catcher

**Week #3: TEACHING THE YOUNG INFIELDER**  
With Dave Horton-  
Former St. Louis Cardinals Minor League Infielder

**Week #4: PRACTICE ORGANIZATION**  
With Steve Cabello-  
Assistant Baseball Coach, Arlington High School

Questions? Call Al Hammell (845) 527-0897

**2012 Bat and Glove Player Registration**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Age: \_\_\_\_\_

E-mail: \_\_\_\_\_

Make checks payable (\$95 deposit required to reserve spot), detach and mail this registration form with payment to:

*Al Hammell Fundamental Sports Camps Inc.  
PO Box 509  
Pleasant Valley, NY 12569*

AMOUNT ENCLOSED: \$ \_\_\_\_\_

**2012 Coaches' Topics Clinics Pre-Registration**

Coach's Name: \_\_\_\_\_

Coach's League: \_\_\_\_\_

Please Check the session(s) you will attend for the Coaches' Clinics:

Week #1 February 25

Week #2 March 3

Week #3 March 10

Week #4 March 17